

News Release

Second Annual Mary Tyrrell Health Walk for Scholarships Slated for Saturday, September 8, 2012, at Ed Widseth Field at the U of M, Crookston; Registration begins at 9 a.m. with Walk at 10 a.m.

*By Itollems on Tuesday, August 28, 2012*The second annual Mary Tyrrell Health Walk for Scholarships is about raising awareness of heart and women's health while raising support for student-athletes at the University of Minnesota, Crookston. The walk will be held on Saturday, September 8, 2012, at Ed Widseth Field on the U of M, Crookston campus. Registration is \$25 and all registrants giving \$25 or more will receive a t-shirt designed especially for the walk. Registration begins at 9 a.m. with the walk at 10 a.m. From 9-11 a.m. there will be tables of information on heart health, women's health, and general wellness. At 11 a.m., a free "healthy tailgate" lunch will be served for walk participants and provided by Crookston National Bank. Door prizes will be awarded, and all participants will receive two free tickets to the Golden Eagle Football game vs. Concordia St. Paul. For more information or to donate to the Mary Tyrrell Health Walk for Scholarships, contact Natasha at 218-281-8423.

Background
The inaugural Mary Tyrrell Health Walk for Scholarships was held in the fall of 2011 with 147 participants. The event is designed to raise awareness about heart health and women's health issues. It is named in memory of Mary Tyrrell, wife of Bill Tyrrell, director of athletic fundraising at the U of M, Crookston. Mary passed away unexpectedly from heart disease in December 2010. Her untimely death ended the life of a woman who was passionate about helping student-athletes and caring for patients as a nurse at Altru Clinic in Grand Forks, N.D., as well as the life of a devoted wife and mother. It also serves as a reminder of the threat posed by heart disease and how healthy diet and exercise, along with knowing the risk factors and symptoms of heart disease can help provide protection. After 18 years as an athletic trainer at the U of M, Crookston, Bill took over as director of athletic fundraising in 2005 and works closely with Teambackers, an athletic promotion and fundraising organization for Golden Eagle athletics. In 2009, Mary and Bill established a scholarship to specifically support student-athletes through the Bill and Mary Tyrrell Endowment fund, and throughout the years, they have given both time and financial support to encourage student-athletes on the Crookston campus. The University of Minnesota, Crookston is an NCAA Division II Institution and a member of the Northern Sun Intercollegiate Conference (NSIC). The Golden Eagle Equestrian team is a member of the Intercollegiate Horse Show Association (IHSA). For more information, visit the Golden Eagle Athletics website at www.goldeneaglesports.com. Today the University of Minnesota, Crookston delivers 26 bachelor's degree programs, 18 minors, and 36 concentrations, including 10 online degrees, in the areas of agriculture and natural resources; business; liberal arts and education; and math, science and technology. With an enrollment of 1,600 undergraduates from 25 countries and 40 states, the Crookston campus offers a supportive, close-knit atmosphere that leads to a prestigious University of Minnesota degree. "Small Campus. Big Degree." To learn more, visit www.umcrookston.edu.

In the photo: Mary Tyrrell



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